

Robin Hitt

ADOPTION TALK WITH CANDOR, LETTING FAMILIES KNOW THEY ARE NOT ALONE.

In the United States alone, some one hundred million people have been touched by adoption whether as adoptive parents, birth parents, foster parents, family members or adoptees themselves. Yet this large demographic has not been given the information it needs to fully comprehend the complex emotions, feelings and realities associated with raising an adoptee.

Robin Hitt, an adoptive mother of two daughters, knows this firsthand and can share not only her own story but that of the doctors, therapists, birth mothers, and adult adoptees she interviewed for her soon-to-be-released book, *Open-Eyed Adoption*. What Robin has to say will create new understanding and "ah-ha" moments for anyone who has already been touched by adoption or is considering testing the waters.

Robinhitt.com



Bio

Robin Hitt, a retired registered nurse, is the author of the upcoming Morgan-James release *Open-Eyed Adoption: Real Help for Those Parenting Adoptees* due out spring 2023. She is a professional life and business coach, a Certified Daring Way™ facilitator and a lifelong learner. She and her childhood sweetheart - husband of 46 years reside in Colorado, where she enjoys hiking, fishing, entertaining friends, and catching up with her adult daughters.

Show Ideas:

- Discover the Differences Between Raising an Adoptee vs a Biological Child
- Busting the Biggest Myths about Adoption (Including That an Adoptee Should Be Grateful)
- Is Self-Compassion Selfish?
- What is Sucker-Punch Parenting?
- The 6 Things Adoptive Parents Wish They Had Known from the Start
- Imposter Parent Syndrome: Do You Know Someone Who Has It?
- Parental Guilt – the Adoptive Parent Trap
- Traditional Discipline Doesn't Work for Adoptees – Find Out What Does

Advanced Praise for *Open-Eyed Adoption*

"Read *Open-Eyed Adoption* to learn you're not alone in the unforeseen, surprising, and difficult realities of adoption. As Robin takes you on her vulnerable journey as an adoptive mother with humility and courage, she will introduce you to fellow travelers, and together, you will find companionship, understanding, support, resources, and hope for your own journey."

— Nancy Schornack, LMHC, CDWC

"Robin Hitt has voiced, researched, and answered the questions many adoptive families struggle over with rich interviews and anecdotes. *Open-Eyed Adoption* is a must-read for adoptive parents, grandparents, and adoptees."

— Sarah Latchaw, author of The Hydraulic Series, adoptive and foster mother

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