



Robin Hitt

Open Eyed Adoption *Real Help for Anyone Involved in the Adoption Community*

“There are 100 million Americans currently impacted in some way by adoption within their immediate family.”

--Adoption Network

Robin Hitt is an adoptive mother who has developed a passion to support and encourage other adoptive parents in their unique and challenging role. Discovering very little available information to guide those with adopted children, Robin has written a guidebook, ***Open-Eyed Adoption, Real Help for Those Parenting Adoptees*** (BarnesandNoble.com). In both her speaking presentations and her written materials, Robin lovingly outlines the blueprint for navigating challenging waters and

the discovery process most adoptive parents are unfamiliar with. All adopted children have some form of trauma, emotionally, or physically and most adoptive parents have little knowledge of how best to meet those hidden needs. Expectations become disappointments as adoptive parents realize they don't have the tools necessary for parenting success. Through years of experience parenting adopted children, ***Robin Hitt gives you hope and help.***

Robin is available to speak to women's groups, professionals, PTA, teacher's conferences, Mom's groups, adoptive parent groups, adoption conferences/associations, therapists, etc.

An author, speaker, workshop facilitator and accredited life and business coach, Robin Hitt has been helping people gain clarity and understanding for many years. She is certified in the work of Dr. Brené Brown offering transformational workshops on subjects such as shame, vulnerability, and resilience. She is a gifted and sought-after speaker for your next event.

Topics for keynotes, workshops, seminars, podcasts, and webinars include:

- ✓ Love is Not Enough - The Happily Ever After Myth of Adoption
- ✓ Shut-Down Shame - Practice the Power of Empathy and Self-Compassion
- ✓ Quiet Your Inner Critic- Tell Yourself the Truth
- ✓ Things You Never Knew - Adoptee's Have Trauma, Discipline Must Be Different, the Communication Conundrum, Becoming Emotionally Literate and much more!
- ✓ May I Hold Your Baby? - The Importance of Developing Trust and Attachment



What People Are Saying:

"What I wouldn't give to have been able to read this book before we adopted our two children! Robin Hitt does an exceptional job of educating adoptive parents from every angle."

-- **Michelle Dutton**,
adoptive mom of two
beautiful bi-racial girls

"As Robin takes you on her vulnerable journey as an adoptive mother with humility and courage, she will introduce you to fellow travelers, and together, you will find companionship, understanding, support, resources, and hope for your own journey."

-- **Nancy Schornack**,
LMHC, CDWC

Contact Robin Today:

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